



Code of Conduct For Swimmers (Over 18)

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe and can raise any concerns
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming, diving, high diving, artistic swimming, water polo and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your next of kin informed, where appropriate.

Rules and Regulations	Members and Behaviour	You the Person
Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something isn't right.	Make our club and activity a fun, happy, friendly and welcoming place to be.	Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
Take care of our equipment and premises as if they were your own.	Get involved in club decisions, it's your sport too.	Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
Make it to training and competitions on time and if you're running late, let a member of the club know.	Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.	Respect the children and adults competing for other teams at competitions.
Make your coach or teacher aware if you have any difficulties attending training or competitions	Not use any device to take photographs or footage of others in the changing rooms or cubicles.	Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
Adhere to the Swim England regulations, Code of Ethics, Club Constitution, and rules	Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.	

Southport Swimming Club

swimsouthport.co.uk



Do not wander off. Let someone know if you are leaving the premises (at either training or a competition). This is just as important for our adult members as well as those under 18, to know that you are safe at all times.	Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.	
Bring the right kit to training and competitions.	Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.	
Follow the rules of the club, squad or activity at all times.	Treat other children with respect and appreciate that everyone has a different level of skill or talent.	
Respect the privacy of others especially in the changing rooms.	Not use any mobile device, at any time, in the changing areas	
Be aware of Wavepower and adhere to relevant guidance		

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee, and any behaviour which may be a criminal offence will be reported to the Police and any other relevant authority by the club.